

# New at the *Washington Institute of Natural Medicine:*

## *IV Nutrient Therapy*

(offered by *Harmony in Health/MedOnCall*)

### What is IV Nutrient Therapy?

Nutritional Intravenous (IV) Therapy is the administration of vitamins, minerals, and/or antioxidants directly into the bloodstream to detoxify the body and correct underlying nutritional deficiencies. Patients traditionally consume nutrients in food or pill form. However, circumstances sometimes warrant a more effective delivery of nutrients into the body. Because IV therapy bypasses the digestive system, nutrients are delivered quicker and in optimal concentrations directly to the diseased or nutritionally deficient cells of the body.

Although it is recently popular in the media, IV nutrient therapy has been around for decades in the acute care/hospital setting but it was first used in primary care by Dr. Meyers, a physician in Baltimore, MD. He used it to successfully treat his patients with a wide array of medical problems for 25 years. The most notable IV Vitamin Blend, the "Meyer's Cocktail" is named after him. The Meyer's Cocktail is a vitamin blend of Vitamin B Complex, Magnesium, Vitamin C and Calcium

High Dose Vitamin C, and Glutathione (potent antioxidants) as well as the Meyer's Vitamin Cocktail will soon be offered at the Washington Institute of Natural Medicine.

### Why use IV Nutrient Therapy?

Whether you want to recover from an illness faster, keep an illness from taking hold, or if you simply want to have better endurance or are looking for overall better health, IV nutrition can help. In addition to helping acutely ill or chronically ill people, IV nutrition can also help athletes to improve performances and speed recovery. **There are many benefits and very little risk from IV nutrition.**

#### **Commonly prescribed to treat:**

- Chronic Pain and/or Fatigue
- Prior to important Events, Meetings or Travel
- Enhanced Athletic Performance/Recovery
- Advanced Aging
- Bacterial, Viral & Fungal Infections
- Respiratory Infections (Cold/Flu)
- Allergies
- Asthma
- Gastrointestinal diseases
- Premenstrual Syndrome (PMS)
- Headaches
- Fibromyalgia
- Cardiovascular Diseases
- **General Well-Being**

**Introductory Offer!!!!** Free IV Vitamin Infusion with purchase of Wellness Physical and Labs (\$90 value). *Available: December 26<sup>th</sup>, 27<sup>th</sup> and January*



To start, schedule your physical and lab appointment with the Nurse Practitioner TODAY! Call: 202-686- 8202  
Questions?? Email: [medoncallcare@gmail.com](mailto:medoncallcare@gmail.com) or call 703-544-9113